

Counselling For Foreign Students

Academic Psychological Counselling offers counselling for foreign students coming to study to the Czech Republic. Study abroad may be associated with problems of adaptation to a new environment, cultural adjustment or homesickness. In counselling we observe not only the differences but also similarities which help the successful adaptation. From a psychological point of view, culture is not something we are born with, but rather something learned. It means that it's possible to learn lots of new things during communication and encountering with the new culture. Learning other cultures is not merely passive assimilation. We create the culture and therefore the current world, as well as milieu at universities, is becoming multicultural.

We are prepared to support you during your stay in the Czech Republic and you are welcome in our Academic Psychological Counselling. The counselling hours are [here](#). The visit is for free and anonymous, so is the registration. Please make the appointment as indicated.

The Academic Psychological Counselling Service continues to provide assistance to Ukrainian students in Ukrainian. Students who want to use the help of a qualified psychologist Mgr. Uliana Tymtsiv can register via writing her an [email](#). Individual counseling in Ukrainian is conducted in the room (RB 332) on Friday afternoon at times agreed by email with Mrs. Tymtsiv.

Академічна психологічна служба продовжує надавати допомогу українським студентам українською мовою. Студенти, які бажають скористатися допомогою кваліфікованого психолога п. Уляни Тимців, можуть зареєструватися, написавши їй електронного листа (uliana057@gmail.com). Індивідуальні консультації українською мовою проводяться в кімнаті (RB 332) у п'ятницю в другій половині дня у час, узгоджений електронною поштою з п. Тимців.



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